

NÁRODNÍ REKORDY V BENČPRESU - ŽENY RAW WUAP ČR

48kg	T/16-17			
bench				
52kg	T/16-17			
bench				
56kg	T/16-17			
bench				
60kg	T/16-17			
bench	Mahovská Sabina	40kg	2015	MČR Staré Křečany
67,5kg	T/16-17			
bench				
75kg	T/16-17			
bench				
82,5kg	T/16-17			
bench				
90kg	T/16-17			
bench	Šimonová Kateřina	65	2020	Mácháč
90+ kg	T/16-17			
bench				

48kg	T/18-19			
bench				
52kg	T/18-19			
bench				
56kg	T/18-19			
bench				
60kg	T/18-19			
bench				
67,5kg	T/18-19			
bench	Sekeráková Ver.	55	2017	MS ČR
75kg	T/18-19			
bench				
82,5kg	T/18-19			
bench	Jirsáková Kateřina	45	2017	Staré Křečany
90kg	T/18-19			
bench				
90+ kg	T/18-19			
bench				

48kg	JUN			
bench				
52kg	JUN			
bench				
56kg	JUN			
bench				
60kg	JUN			
bench	Pavlíková Denisa	50kg	2015	ME ČR
67,5kg	JUN			
bench				
75kg	JUN			
bench	Ondroušková Anita	95	2017	Staré Křečany
82,5kg	JUN			
bench	Velemanová Valerie	72,5	2020	Mácháč
90kg	JUN			
bench				
90+ kg	JUN			
bench				

48kg	OPEN			
bench				
52kg	OPEN			
bench				
56kg	OPEN			
bench				
60kg	OPEN			
bench	Janáková Michaela	65	2020	Mácháč
67,5kg	OPEN			
bench	Benešová Andrea	65	2020	Mácháč
75kg	OPEN			
bench	Kočková Petra	107,5	2019	MČR Nový Bor
82,5kg	OPEN			
bench	Wicková Barbora	125	2020	Mácháč
90kg	OPEN			
bench				
90+ kg	OPEN			
bench				

48kg	SUB - MAS			
bench				
52kg	SUB - MAS			
bench	Nachtigalová Hana	30kg	2015	MČR Staré Křečany
56kg	SUB - MAS			
bench				
60kg	SUB - MAS			
bench				
67,5kg	SUB - MAS			
bench				
75kg	SUB - MAS			
bench				
82,5kg	SUB - MAS			
bench				
90kg	SUB - MAS			
bench				
90+ kg	SUB - MAS			
bench				

48kg	M/40-44			
bench				
52kg	M/40-44			
bench				
56kg	M/40-44			
bench				
60kg	M/40-44			
bench				
67,5kg	M/40-44			
bench				
75kg	M/40-44			
bench	Burkoňová Tereza	67,5	2019	MČR Nový Bor
82,5kg	M/40-44			
bench	Dvorská Irena	95kg	2015	MČR Staré Křečany
90kg	M/40-44			
bench				
90+ kg	M/40-44			
bench				

NÁRODNÍ REKORDY V BENČPRESU - ŽENY RAW WUAP ČR

48kg	M/45-49		
bench			
52kg	M/45-49		
bench			
56kg	M/45-49		
bench			
60kg	M/45-49		
bench			
67,5kg	M/45-49		
bench			
75kg	M/45-49		
bench			
82,5kg	M/45-49		
bench			
90kg	M/45-49		
bench			
90+ kg	M/45-49		
bench			

48kg	M/50-54			
bench				
52kg	M/50-54			
bench				
56kg	M/50-54			
bench				
60kg	M/50-54			
bench				
67,5kg	M/50-54			
bench				
75kg	M/50-54			
bench	Krásová Jitka	55kg	2015	MČR Staré Křečany
82,5kg	M/50-54			
bench				
90kg	M/50-54			
bench	Leiblová Libuše	110kg	2015	ME ČR
90+ kg	M/50-54			
bench				

48kg	M/55-59			
bench				
52kg	M/55-59			
bench				
56kg	M/55-59			
bench				
60kg	M/55-59			
bench				
67,5kg	M/55-59			
bench				
75kg	M/55-59			
bench				
82,5kg	M/55-59			
bench				
90kg	M/55-59			
bench	Leiblová Libuše	135,5	2019	ME Německo
90+ kg	M/55-59			
bench				

48kg	M/60-64			
bench				
52kg	M/60-64			
bench				
56kg	M/60-64			
bench				
60kg	M/60-64			
bench				
67,5kg	M/60-64			
bench				
75kg	M/60-64			
bench				
82,5kg	M/60-64			
bench				
90kg	M/60-64			
bench				
90+ kg	M/60-64			
bench				

48kg	M/65-69		
bench			
52kg	M/65-69		
bench			
56kg	M/65-69		
bench			
60kg	M/65-69		
bench			
67,5kg	M/65-69		
bench			
75kg	M/65-69		
bench			
82,5kg	M/65-69		
bench			
90kg	M/65-69		
bench			
90+ kg	M/65-69		
bench			

48kg	M/70-74			
bench				
52kg	M/70-74			
bench				
56kg	M/70-74			
bench				
60kg	M/70-74			
bench				
67,5kg	M/70-74			
bench				
75kg	M/70-74			
bench				
82,5kg	M/70-74			
bench				
90kg	M/70-74			
bench				
90+ kg	M/70-74			
bench				